



Tabor House

Addiction Treatment Centre

2022 Annual Report

Vision

Tabor House believe in the priceless potential of people and that recovery from addiction is possible.

Mission

The primary mission of Tabor House Trust is to provide a residential supportive environment for addicted people in early recovery. The Tabor House programme is based on the Minnesota model of abstinence-based treatment which emphasises personal responsibility, peer support, participation in a twelve-step programme and lifestyle change, thus enabling the development of a contented healthy sobriety. Group therapy and one to one counselling are an essential part of the programme.

Respect

We honour the unique dignity of each person as we support them in addressing their needs.

Recovery

We believe everyone has the potential to recover and have a fulfilled, worthwhile future, transforming their lives and that of their families.

Excellence

Our innovative, evidence-based therapies are delivered with a quality that always seeks the highest standards.

Chairperson Introduction

This report is an extension of the phased implementation of our 10-year strategic plan 2020 - 2030

1. Consolidate existing service and structure.
2. Continue to engage with the primary treatment centres and assessment process
3. Build & develop a new 10 bed service for women on the Slane Road in Navan.
4. Engage with the local authority and other Government Agencies.
5. Work to achieve the revenue streams to develop the services as outlined in the plan.

Whilst achieving the objectives in the first and second string of the strategic plan we have seen significant developments in the journey to achieve the third and fourth string in the strategic plan. The lease for the new site has been signed, full planning permission has been granted. Sr. Catherine reports that the plans for the house are substantially in line with requirements. The up to date and completed application for capital funding was submitted to Meath County Council in February and we await confirmation that the application has been submitted to the Department.

Addiction in all its forms is one of the greatest threats to our communities. While we are grateful for the resources, we receive from the State services, the contribution that Tabor House and similar services receive do not match the enormous need that currently exists. We acknowledge the requirement to be accountable to our stakeholders and the wider public. In that context we have completed the journey to meeting the six standards as outlined in Charities Governance Code 2018 in Ireland. In November 2020 the board signed off on the code. This report is an important part of that work and demonstrates our commitment to transparency. I wish to acknowledge the courage of the residents of Tabor House because they are working to rebuild their lives and also acknowledge the contribution from all of the team in Tabor House.

Pat Mullaney Chairperson

Two Centres – One Vision

The name Tabor House is adopted from the biblical location of Mount Tabor. Central to our philosophy is the creation of an environment where people feel secure, valued, and supported as they make their way towards recovery and transformation. Throughout the 16-week programme we provide an environment for people who have suffered physically, psychologically, emotionally, and spiritually as a result of their addiction. We will provide the same environment for women in our new house which will be named. Mishneach the Irish word for Courage.

Partnerships, Funders & Supporters of Tabor House

We would like to acknowledge all our partners, funders, and supporters, without whose continuous support we would not be in a position to help people recover from addiction. We acknowledge the invaluable contribution that the education programmes hosted by Meath Opportunities for Training (MOT) on behalf of the Louth Meath Education & Training Board. This element of the therapeutic milieu is much appreciated. We would like to thank the Health Service Executive, the Probation and Welfare Service, the Department of Justice, The Department of Social Protection, the Gardai, Meath County Council. Thank you to all our fundraisers as well as those who donate monthly. Your support is invaluable. We would like to say a special thanks to the Navan Branch of Rotary International & the Knights of Saint Columbanus, who have been faithful supporters of Tabor House for many years.

Governance

Tabor House is a registered charity and a limited liability company. Its purpose, objectives and how it conducts its business are set out in its Memorandum of Association as available from the Companies Registration Office. The principal activity of the company is to establish and operate a Halfway House to accommodate alcoholics/addicts coming from residential programmes throughout the country etc. This supports individuals with drug, alcohol, Sex and gambling problems, and their families, in their recovery to lead fulfilled and productive lives in society. Tabor House is committed to the Voluntary Regulatory Code for Approved Housing Bodies and is committed to maintaining the highest standard of corporate governance in all our activities. We are currently meeting the standards as outlined in the AHB code. Please visit the <https://www.housingagency.ie/Regulation.aspx> website for more details.

Corona Virus. Covid 19.

Whilst the virus continues to permeate through the community, Tabor House has escaped any significant outbreak and recorded one case in late December 2022 which was carefully handled in accordance with the procedures.

Fundraising Governance Commitment

Tabor House has updated the Statement of Guiding Principles for Fundraising and is fully compliant.

Financial Review

Tabor House Trust company ltd., accounts are audited by FLD Chartered Accountants and registered Auditors. (See independent FLD auditor's report contained in the Abridged accounts below). Tabor House Trust operating deficit was - €61,038. The abridged accounts are available in appendix 2.

How you can help more people & their families.

Individuals

Fundraise for us through your own event

Take part in an organised event (marathons, hikes etc.)

Volunteer to help us with fundraising

Nominate Tabor House Trust with your company as their charity partner

Companies

Volunteer your staff

Partner with Tabor House Trust

Take part in an organised event (marathons, hikes etc.)

Volunteer to help us with fundraising

Choose Tabor House Trust for your Corporate Social Responsibility Programme

Ways to Donate

Donate on line www.taborhouse.ie , by post or in person.

You can set up a standing order to donate on a regular basis.

Remember us in your Will.

Fund a specific programme or project or event.

Thank You